

OCTOBER PILOT BREAKFAST MENU 2023

Choice of milk served daily. This institution is an equal opportunity provider. Menu is subject to change.

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|--|--|---|
| 2 Breakfast on a Stick Yogurt Fruit Juice/Milk | 3 Breakfast Sandwich Yogurt Fruit Juice/Milk | 4 Pancakes Cheese Stick Fruit Juice/Milk | 5 Cereal Cheese Stick Fruit Juice/Milk | 6  |
| 11 Breakfast Pizza Yogurt Fruit Juice/Milk | 12 French Toast Yogurt Fruit Juice/Milk | 13 Fruit Frudel Cheese Stick Fruit Juice/Milk | 14 Waffles Cheese Stick Fruit Juice/Milk | 15 NO SCHOOL |
| 18 Breakfast Bar Cheese Stick Fruit Juice/Milk | 19 Yogurt Parfait Cheese Stick Fruit Juice/Milk | 20 Cinnamon Toast Yogurt Fruit Juice/Milk | 21 Cereal Yogurt Fruit Juice/Milk | 22 NO SCHOOL |
| 23 Breakfast Bagel Yogurt Fruit Juice/Milk | 24 Scrambled Egg & Cheese Yogurt Fruit Juice/Milk | 25 Breakfast Burritos Cheese Stick Fruit Juice/Milk | 26 Honey Bun Cheese Stick Fruit Juice/Milk | 27 NO SCHOOL |
| 30 Cereal Bars Yogurt Fruit Juice/Milk | 31 Monster Bagels Yogurt Fruit Juice/Milk | Happy Halloween | The world's heaviest jack o'-lantern weighed 2,684 pounds and 2 ounces. People originally carved turnips instead of pumpkins. |  |

Breakfast is free for students. Adult \$2.65




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OCTOBER PILOT LUNCH MENU 2023

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| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|--|---|
| 2 Hamburger w Bun French Fries Baked Beans Applesauce Milk | 3 Pilot Bowl Corn Slushies Milk | 4 Chicken Nuggets Grahams Broccoli Mixed Fruit Milk | 5 Corn Dogs ChickPeas Carrots Raisels Milk | 6  |
| 9 Chicken Cheese Quesadilla Pico de gallo Chex Mex Grapes Milk | 10 Orange/General Toa's Chicken Confetti Rice Shredded Lettuce Oranges Milk | 11 Pozole Soup Cheesy Breadsticks Mixed Veggies Peach Cups Milk | 12 Chicken Sandwich Tortilla Chips Hummus Apple Sauce Milk | 13 NO SCHOOL |
| 16 Chicken Alfredo Spinach Bread stick Pears Milk | 17 Super Nachos Corn Refried Beans Mixed Fruit Milk | 18 Empanada Juice Glazed Carrots Apples Milk | 19 Mac and Cheese Green Beans Grahams Tropical Fruit Milk | 20 NO SCHOOL |
| 23 Breakfast for Lunch!!! Egg, Sausage and Hash Browns Green Beans Cinnamon Grahams Bananas Milk | 24 TACO TUESDAY Salsa/Cheese Refried Beans Shredded Lettuce Pears Milk | 25 Chicken Salad Cheesy Breadsticks Sweet Potato Monster Mash Applesauce Milk | 26 Pizza Mixed Salad Cucumbers Apricots Milk | 27 NO SCHOOL |
| 30 Hot Dogs French Fries Green Beans Grapes Milk | 31 Tuscon "Brain Soup" Witch Fingers Pumpkin Patch Jello Cups Slushies Milk |  | <i>Grapes have been around for 65 million years. One serving of grapes provides 27% of your daily vitamin C.</i> |  |

Free & Reduced meals: New applications must be completed each year. Applications are available online and in each office. Lunch Cost: Elementary, Middle School and High School \$3.35 Reduced .40 Adults \$4.70

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All students 18 and under eat free. Adults- \$4.65

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